

Artist Statement:

The Five Elements

Form
Feelings
Perceptions
Mental Formations
Consciousness

In creating this book I drew inspiration from the Buddhist concept of the Five Sovereign Elements that make up our existence. I wanted to create a space for meditation and contemplation that could function as a tool or as an object.

Starting with a 360 degree panoramic that I shot in New Mexico's Carson National Park, I created five panels to symbolize each element. I then linked the first and last panel together with a single feature to give a sense of the connected nature of these elements. After constructing the images I chose cyanotype for its beautiful color, then hand coated, exposed and processed the prints. The front panels show the raw edges of the prints against the deckle edge of the watercolor paper.

You can display the book in the round by connecting the covers or use it as part of your meditative practice as you move from spread to spread.

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